

# Sport Premium Funding Action Plan

2020- 2021

## **Whale Hill Primary School**

Working in partnership with Redcar & Eston  
School Sport Partnership



### Guidance Notes

Guiding principles which have been considered when putting this action plan together and deciding how to allocate the primary school funding:

- Consider the overall PE and sport provision across the school with respect to all pupils.
- Identify how best to maximise the impact of PE, physical activity and competitive school sport on young people and school standards. This may include targeting of specific pupils e.g. using PE and sport as a vehicle to develop numeracy and literacy.
- Embed the investment within the school development plan to ensure that there is a strategy for the development of teacher confidence and competence in PE and wider outcomes for young people.
- Build on the generic teaching skills of the classroom teachers, giving professional development opportunities, and therefore further expertise, in how to develop physical literacy and the breadth of learning that comprises physical education.
- Identify a subject coordinator for PE and sport.
- Work collaboratively with other schools to develop a creative and higher quality provision.
- Develop physical literacy by focusing on your pupils' fundamental movements, then their generic sport skills and ultimately small-sided games.
- Use qualified and suitably trained coaches to improve the quality and range of school sport offered to enrich the curriculum (but not replacing it).

### Action Plan

Before putting together our action plan we considered the following questions:

- Does your school have a vision for PE and school sport? *Stage 3 - Embedded*
- Does your PE and sport provision contribute to overall school improvement? *Stage 3 - Embedded*
- Do you have strong leadership and management of PE (and school sport)? *Stage 3 - Embedded*
- Do you provide a broad, rich and engaging PE curriculum? *Stage 3 – Embedded*
- How good is the teaching and learning of PE in your school? *Stage 2 – Established/ Embedded*
- Are you providing high quality outcomes for young people through PE and school sport? *Stage 3 - Embedded*
- Are you providing a rich, varied and inclusive school sport offer as extension of the curriculum? *Stage 3 - Embedded*
- Are all pupils provided with a range of opportunities to be physically active and do they understand how physical activity can help them adopt a healthy and active lifestyles? *Stage 3 - Embedded*

- Does the school know how to effectively utilise the new PE and school sport funding?
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Department for Education **VISION** for the Primary PE and Sport Premium

**ALL** pupils leaving primary school are **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.

The funding has been provided to ensure impact against the following **OBJECTIVE**:

To achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision (above) that will live well beyond the Primary PE and Sport Premium funding.

**It is expected that schools will see an improvement against the following 5 key indicators:**

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport.

In our action plan below we have specified which of the above key indicators each action/priority is relates to. This helps the school to focus their actions and ensure the funding is used as the Department for Education intended.

2020 to 2021 Sport Premium Funding allocated to our school is:

Physical Education

Physical education is education through physical activity: its goal is the development of the individual as a whole, not just their physical development or their proficiency in specific sports.

Through a focus on ensuring physical education at primary school we provide young people with access to physical activity for life as well as build the foundation for future participation and performance in sport.

A high quality PE programme will develop physical literacy and allow children to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. PE also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork, communication and leadership.

<b>Specific Objectives</b> What we want to do	<b>Strategies</b> What are we going to do to achieve objective(s)	<b>Signs of Success/Impact</b> When we have achieved our objective(s) we should see	<b>Who</b>	<b>When</b>	<b>Linked to Key Indicator no:</b>
Children understand what constitutes a healthy diet.	Introduce a new packed lunch policy, which will be monitored by Healthy Heroes.	Children are making improved choices which is evident through the contents of their packed lunches.	Healthy Schools Lead and Healthy Heroes (Children)	From September 2020	
Children understand and develop a range of personal skills and attributes such as resilience, determination and honesty.	Promote the Spirit of the Games, and follow the YST Personal Best model/initiative. These attitudes should be taught more explicitly in PE lessons, as well as across the whole curriculum to establish a clear understanding of these attitudes in order for children to be the best they can be.  These will be displayed in KS1 and KS2 halls so that children can refer to them in lessons, and	Children know, understand and regularly display these characteristics. Teachers also notice these and promote these values and attitudes across the curriculum and wider school life.	All Staff – Sue Doe to initiate with SSP to deliver staff training.	September 2020.	

	throughout the school day.				
All children learn and improve their skills through consistently high quality PE lessons across the whole curriculum.	SSP to support the teaching of PE throughout the school.	Children are very active in PE lessons and they are confident in what they are learning. They feel that they are always learning new skills and being challenged in exciting and enjoyable lessons.	SD to book on PLT module and to arrange observation dates with SSP.	Across academic year linked to curriculum map, particularly focussing on areas for improvement.	3 & 4
Children to have the opportunity to gain leadership experience.	Year 6 children who were Sports Captains last year will continue in their role. They will read the sports diary in assembly and keep the whole school informed of what is going on in PE and the Development Days which are happening in school. During Development Days in school, children will be given more opportunity to take on leadership roles. Children in each year group given responsibility to manage the equipment for their bubble on	Children have confidence to lead and guide a group, regardless of physical ability. Increased focus on organisation, team work, fair play and cooperation. Children are seen playing and creating games and activities.	Sue Doe to manage the leaders.	Ongoing throughout the year.	1 & 2

	a play/lunch time.				
Children in EYFS to develop their agility, balance and coordination, and core stability.	Mighty Warriors in working through Autumn Term with Reception.	Children in EYFS have better coordination, better listening and sitting skills and better core stability.	Sue Doe to organise.	Autumn Term 2020	1
Improve concentration, fine and gross motor skills, and core strength in Year 1 children.	Mighty Warriors working with targeted Year 1 children in Spring Term 2021.	Children will display improved concentration and ability to function better across the curriculum in the classroom.	Sue Doe to organise.	Spring Term 2021.	
Children will experience a wider variety of skills to enhance whole child development.	Restructuring of PE sessions.	Greater independence, confidence and creativity among children. In addition, the aim will be to improve social cohesion and teamwork.	Sue Doe to coordinate with coaches.	Across academic year linked to curriculum map.	2 & 4

Impact of the developments in Physical Education:

- A greater focus on PB challenges has increased the self-esteem of many less confident students, giving them the belief they can achieve.
- Certificates acknowledging the spirit of the games is engendering more positive attitudes such as resilience and determination.
- Using the development day format has given children greater independence and the opportunity to put into practice teamwork, fair play and co-operating with one another.
- Mighty Warrior sessions have been utilised throughout lower school during lockdown, giving children more opportunity to focus on core strength.
- Adapting the length and format of lessons according to individual year groups and covid issues, has enabled more varied and focused sessions to take place,
- Year 5 leaders have received SSP training but have been utilised in their own PE sessions to run stations and to develop ideas and drills for given objectives



## Healthy, Active Lifestyles

Healthy behaviour in childhood and the teenage years set patterns for later life and, if acquired early can have a dramatic impact on well-being. Nearly a quarter of all reception-aged children and one third of year 6 pupils are overweight or obese and it has been documented that inactivity causes nine per cent of premature mortality.

Identify the children who are least active or who are at risk of obesity and design targeted physical activity interventions specifically for them. The focus needs to be on enjoyment, so engage these pupils by offering a breadth of appealing activities that include plenty of exercise and promote wider health and well-being messages in a young people-centred environment.

<b>Specific Objectives</b> What we want to do	<b>Strategies</b> What are we going to do to achieve objective(s)	<b>Signs of Success/ Impact</b> When we have achieved our objective(s) we should see	<b>Who</b>	<b>When</b>	<b>Linked to Key Indicator no:</b>
Engage more parents with the benefits of physical activity and exercise for their children.	Educate parents around the importance and benefits of physical activity for their children through working alongside their children.  Monthly bulletin of sports activities that have taken place, individual achievements and SSP events attended.  SeeSaw is used to communicate with parents and promote physical activity.	Parents are involved and engaged with their children taking part in physical activity.	Sue Doe to lead with contributions from other staff members.	Spring 2021	1 & 2
Improve pupil's road safety skills for riding their bikes to and from school.	SSP to deliver Bikeability training level 1 and 2 to pupils Year 5.  Year 3 and 4 Nurture Group to also receive Level 1 training.	Pupils qualified in Level 2 Bikeability.  More pupils riding their bike or scooter to and from school, with fewer injuries.	Sue Doe to coordinate with SSP (Bikeability).	Booked for Summer 2021.	1 & 2



		Children have increased confidence in road safety.			
Give Reception children the fundamental skills for riding a bike.	SSP to deliver Balanceability for Reception children.	Children in reception show improved balance, and coordination whilst on a balance bike.	Sue Doe to coordinate with SSP (Balanceability).	Booked in May 2021.	1 & 2
Increase the physical activity levels of some of the less active pupils.	Focus on KS1 children, to inspire them to want to be more physically active in the hope that in future, children will stay active into KS2.  Change4Life Club to run inside and outside of the curriculum – possibly lunch time to engage more children.	Targeted pupils attend more clubs and feel that they have increased their physical activity levels. They also have increased confidence in PE lessons.	Sue Doe to coordinate club.	Continue throughout the year.	1
Parents encourage their children to do more exercise at home and out of school time.	Whale Hill are working with MFC's Fitter Families scheme to engage children and parents in physical activity.	Parents support and understand the importance of PE and physical activity and encourage their children to be more active.	Sue Doe to coordinate club with Sarah Berry (Healthy Schools Coordinator).	Continue throughout the year.	1
Children are able to work in teams both in games and outdoor environments.	Trip to France for Year 6. Trip to Boggle Hole for Year 5.	Children are better and more confident at working in teams in different environments.	Sue Doe to coordinate.	Summer Term 2021 for France.	4
Children to experience different activities which might	Invite community clubs and leisure providers in to school to give children new	Children are engaged in activities that they may not	Sue Doe to coordinate.	Throughout the year.	4

engage them.	<p>experiences that they may not have had previously:</p> <ul style="list-style-type: none"> <li>• Wildcats</li> <li>• Redcar Rugby Club</li> <li>• Redcar/Normanby Hall Cricket Club</li> </ul>	have experienced before.			
Children understand more about healthy eating and how to prepare their own food.	<p>The sports club for least active children will incorporate some cooking and healthy eating.</p> <p>Healthy Schools projects will tie into promoting healthy eating.</p> <p>Taught in other areas of the curriculum, such as science.</p>	Children can explain what they should be eating as part of a healthy diet and are able to prepare simple meals or snacks themselves.	Sue Doe to coordinate with Sarah Berry (Healthy Schools Coordinator).	Ongoing.	1
Additional Physical Activity during the school day – 30 minutes.	<p>School staff to join online CPD opportunities offered by the SSP, such as Active Literacy and Active Maths.</p> <p>Increase physical activity outside of the classroom through play and lunch times and intervention classes.</p> <p>Make English, Maths and other classroom based lesson more active. Active Literacy &amp; Active Numeracy may help. Outdoor Learning to increase activity</p>	Children are more physically active each day, and are sedentary for shorter periods of time, particularly in classroom based lessons.	Sue Doe to coordinate, MD to support, and all teachers to promote and lead their class.	All Year	1 & 2

Increase activity level of KS1 children.	KS1 children to do an additional 30 minutes of activity per day.  Experiment with different physical activity challenges based on new/different themes each half term. This will replace the Daily Mile, and increase focus on Personal Challenge and resilience.	KS1 children have a structured plan in place to increase activity, which is fulfilled every day.	Sue Doe to coordinate, with KS1 teachers.	All Year	1 & 2
Year 3 children to gain a greater understanding of road safety.	SSP to deliver Pedestrian Training to all children in Year 3.	Children are more confident and aware of how to stay safe whilst outside near roads. They should be knowledgeable about when and where to cross roads safely.	Sue Doe to coordinate with Year 3 staff and the SSP.	Spring 2021.	1

**Impact of the developments in the promotion of healthy, active lifestyles:**

- Year 1 and 2 have had after school clubs in Summer A to encourage more physical activity and well being.
- Targeted children in year 1 and 5 have received additional support. Extra sessions have given them more opportunity to work in smaller groups and the confidence to work at their own pace. Many have been chosen as a result of lockdown impacting detrimentally on their health and well being.
- During lockdown families were engaged through seesaw, challenges were sent focusing on PB .

## Competitive School Sport

All children enjoy being appropriately challenged and at a young age most are keen to explore what they are capable of. Competitive school sport for primary school children should be categorised on a focus by achieving one's 'personal best' rather than being 'the best'.

Engage primary children in personal challenges, allow them to practice and test their skills and personal competence, and small-sided games to encourage teamwork and a sense of how to play and succeed.

A good competitive school sport programme includes regular club participation opportunities where children can learn more about specific sports, receive age-appropriate coaching and practice their skills (after School Club) before attending competitions.

<b>Specific Objectives</b> What we want to do	<b>Strategies</b> What are we going to do to achieve objective(s)	<b>Signs of Success / Impact</b> When we have achieved our objective(s) we should see	<b>Who</b>	<b>When</b>	<b>Linked to Key Indicator no:</b>
KS1 and KS2 children gain a greater experience of a range of activities and events.	Through the 'Development Day' afternoons held at school.  This will be done on a skill or activity basis, to tie in with curriculum PE.	Children have the opportunity to experience new activities and more independently through the new virtual Development Days.	Sue Doe to coordinate with support from colleagues within school.	Ongoing throughout the year and following the competition calendar.	4 & 5
Competition is promoted and celebrated around the school.	Children to promote events and competitions around school and on School Games blog. Website celebrates achievements and success. Newspaper articles, Twitter and SeeSaw. Celebration assembly promotes and recognises achievement	Document/publication produced which celebrates sport and informs of what Whale Hill has entered and achieved in sport this year.	Sue Doe and Sandra Marsden to work with the group.	Throughout the year.	2 & 5

	in School Sport and PE.				
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**Impact of the developments in competitive school sport:**

- Weekly assemblies via zoom highlighting Pe that is going on in the school has given the subject a higher profile.
- Teachers and TA staff are more engaged in delivering activities and have commented on the benefits both physically and mentally to the wellbeing of the children. Staff have commented on how poor core strength relates to difficulties in the classroom setting. Additional sessions have provided support for this.
- Virtual certificates have been sent to children who have taken part in Koboca challenges during lockdown. In school development days have been rewarded and acknowledged with certificates, children have shown greater enthusiasm when working on a theme and have worked successfully within groups.

<b>Meeting national curriculum requirements for swimming &amp; water safety</b>	<b>Please complete all of the below</b>
What percentage of your current Y6 cohort swim competently, confidently and proficiently over a distance of at least 25m?	%
What percentage of your current Y6 cohort use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)?	%
What percentage of your current Y6 cohort perform safe self-rescue in different water-based situations?	%
Schools can choose to use the Primary PE & Sport Premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	